

## Salads

**Seasonal leaves & fresh herbs**  
extra virgin olive oil

**Thai sweet & sour cold slaw**  
with bean sprouts, baby corn, spring onions & chilli

**Indian spicy rice salad**  
toasted almonds, sultanas, fresh coriander & red chilli

**Baby spinach salad**  
with fresh peas, mint & feta cheese

**Roasted Provencal vegetable penne**  
flavoured with garlic, thyme & extra virgin olive oil

**New potato & crispy bacon salad**  
with chives, gherkins & sour cream

**Tabbouleh**  
classic example, with lots of fresh herbs

**Greek salad**  
plum tomato, green pepper, red onion, feta & olives

**Tomato & basil**  
Ripe tomato, fresh basil, red onion & extra virgin olive oil

**Cucumber & mint**  
bound in Greek yoghurt with black pepper

**Fine bean salad**  
with a sun blushed tomato dressing

**Roasted pepper, chickpea & rocket salad**  
marinated in garlic & fresh herb infused oil

**Cous cous**  
with mixed peppers, cucumber, tomato & herbs

**Sea spiced aubergine**  
flavoured with oyster sauce, soy, spring onion & chilli

**Wild rocket & parmesan**  
tossed in extra virgin olive oil & sea salt

**Classic Caesar salad**  
white anchovies, garlic croutons & cos

**Broccoli, baby plum tomato & feta**  
lightly dressed, finished with toasted almonds

**Shaved fennel & chickpea**  
with a cumin seed dressing